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## Article

# Detection of Pitt–Hopkins Syndrome Based on Morphological Facial Features

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**Abstract:** This work describes a non-invasive, automated software framework to discriminate between individuals with a genetic disorder, Pitt–Hopkins syndrome (PTHS), and healthy individuals through the identification of morphological facial features. The input data consist of frontal facial photographs in which faces are located using histograms of oriented gradients feature descriptors. Pre-processing steps include color normalization and enhancement, scaling down, rotation, and cropping of pictures to produce a series of images of faces with consistent dimensions. Sixty-eight facial landmarks are automatically located on each face through a cascade of regression functions learnt via gradient boosting to estimate the shape from an initial approximation. The intensities of a sparse set of pixels indexed relative to this initial estimate are used to determine the landmarks. A set of carefully selected geometric features, for example, the relative width of the mouth or angle of the nose, is extracted from the landmarks. The features are used to investigate the statistical differences between the two populations of PTHS and healthy controls. The methodology was tested on 71 individuals with PTHS and 55 healthy controls. The software was able to classify individuals with an accuracy rate of 91%, while pediatricians achieved a recognition rate of 74%. Two geometric features related to the nose and mouth showed significant statistical difference between the two populations.

**Keywords:** Pitt–Hopkins syndrome; morphological face analysis; facial landmarks

## 1. Introduction

Pitt–Hopkins syndrome (PTHS) is a rare neurodevelopmental disorder determined by haploinsufficiency of the TCF4 gene on chromosome 18, as a result of deletion or intragenic mutations [1,2]. This syndrome was first identified in 1978 by David Pitt and Ian Hopkins at the Royal Children’s Hospital in Melbourne Australia [3,4]. The subjects affected by PTHS are characterized by an intellectual disability associated with developmental delay, uncommon patterns of breathing, such as breath-holding or hyperventilation, epilepsy, and distinctive facial features. Some of the facial characteristics include sunken eyes, a squared forehead, a larger than normal nose with a broad nasal bridge, a nasal tip that

is arched with flaring nostrils, an evident curved shape of the upper lip (also known as Cupid's bow), and wide spaces between teeth [2,5,6].

Diagnosis of PTHS typically starts on a clinical consultation in which facial signs and other factors, such as absent speech, EEG abnormalities or breathing abnormalities, are evaluated [7–9]. In some cases, the diagnosis is confirmed by genetic testing, looking for either deletions of the chromosome region in which the protein transcription factor 4 (TCF4) is located or the identification of a heterozygous variant of TCF4 [10]. Diagnosis of syndromes such as PTHS with genetic tests can be expensive, time consuming, and not available to some communities [11], and thus, not always performed when diagnosing. In a comparative study, only around 62% of diagnoses included genetic testing [7]. Thus, the identification of specific, quantifiable facial metrics extracted from photographs, which can be related to genotype and phenotype would be attractive as a pre-diagnosis step for individuals with PTHS, especially in those cases where the facial dysmorphism is not quite evident.

The recognition of a genetic syndrome based on a photograph is rather similar to the problem of classic facial recognition [12]. However, genetic syndrome detection is limited by the amount of data available and the imbalance against controls [13], the difficulty in differentiating between subtle facial patterns, gender, and ethnic differences [14], among other factors [15]. Facial characteristics have been correlated with other conditions, such as diabetes mellitus based on texture [16], block colors [17] and chromatic features [18].

Furthermore, the limited amount of data restricts the possibility of developing solutions based on deep learning approaches [15,19–21] as these typically require very large amounts of training labelled data. In addition, besides the requirement of training data and significant computational resources, deep learning and in general Artificial Intelligence (AI) have sometimes been criticized for being a “black box” [22,23] which requires significant work to make them interpretable and/or explainable. The research areas of Explainable AI [24–26] and Interpretable AI [27,28] are fast growing as a way to provide tractable explanations to humans. This is particularly important when clinical decisions are taken based on these complex computational methodologies. Thus, simpler methodologies that are immediately understood and related to facial characteristics [29] by clinicians remain attractive.

This paper describes a methodology that process frontal facial photographs. Whilst the photographs are not constrained, these are always frontal and not grabbed from videos “in the wild” [30,31], which is a much harder problem. The methodology extracts morphological measurements from geometric features through a series of image processing steps. For anonymity purposes, the faces of the document were obscured, and only the edges were retained to illustrate the process. The actual processing was applied to the photographs. These measurements showed statistical difference between individuals with PTHS and healthy controls. The methodology does not require user intervention nor the use of a large database. Although the methodology was tested with a relatively small database, the results are encouraging.

## 2. Materials and Methods

### 2.1. Database

A total of 126 photographs of Caucasian individuals aged between 2 years and 17 years divided in two groups were analyzed. The first group consisted of 71 cases of patients with a confirmed diagnosis of PTHS, which were selected from the Institute of Genomic Medicine, Gemelli Hospital Foundation, Rome, Italy. The second group consisted of 55 healthy controls acquired at the Department of Biomedical Science and Human Oncology, University of Bari, Italy. The database used in the study is not publicly available. The permission to use it for the study was obtained through written informed consent from the children's parents or their legal guardians.

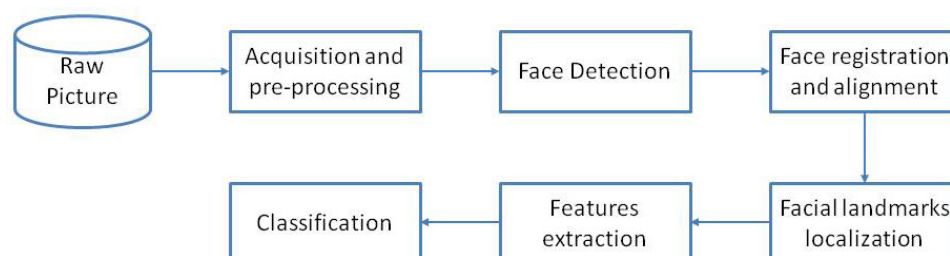
All the procedures were performed in agreement with the guidelines of the Helsinki Declaration on Human Experimentation (ethics approval: Institutional review board of DIPUSVSP, Protocol number 26-06-2147, Università Cattolica Sacro Cuore, Roma, Italy).

The photographs were acquired with a range of devices, mostly amateur cameras and smartphones, with variations of lighting, pose, distance from camera, background, orientation of device and resolution. The format for all of them was 8-bit RGB JPEG. The photographs used for our methodology were front or near-front facial images without occlusions or partial view of the face. Unfortunately, 34 photographs were excluded because of incorrect posture or blurred image. The best images were selected for the classification step of our methodology (61 images: 32 PTHS and 29 healthy), and other 31 acceptable images were selected for final validation of the classification step (6 PTHS and 25 healthy) for a total of 92 images.

## 2.2. Methodology

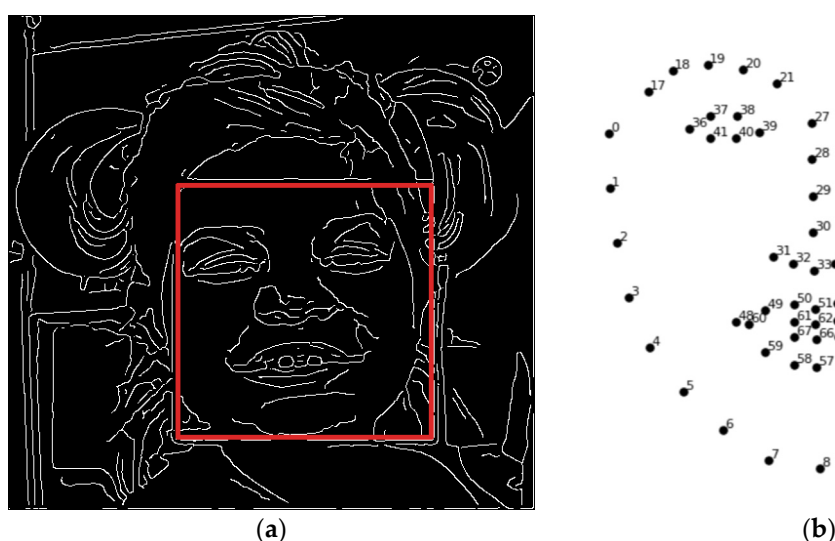
All processing was performed using Python 2.7 and the following libraries: *sys*, *os*, *glob*, *Dlib*, *NumPy*, *Scikit-image* and *Scikit-learn* [32–36].

The proposed pipeline consists of six stages, depicted in Figure 1:



**Figure 1.** Pipeline of the proposed system.

(1) Pre-processing: Images were normalized using automatic histogram equalization and median filtering to obtain uniform brightness and contrast levels. The location of the face was extended by 30 pixels in all directions, and all pixels outside this region were discarded (Figure 2a). Images were re-sized to  $600 \times 600$  pixels.



**Figure 2.** (a). One representative photograph of an individual with diagnosed PTHS. The face was obscured for anonymity purposes. Canny edge detection was applied to the blue channel, the regions without edges were set to black. Red bounding box denotes the region of interest that will be cropped. (b) Sixty-eight facial landmarks to be localized on the photographs.

(2) Face detection: This step was performed using Histogram of Oriented Gradients (HOG) feature detectors [37,38]. The HOG face detector assumes that the shape and texture of a face can be described by the distribution of gradients of intensity or edge directions. As the first step of the HOG face detector, the gradient vector (magnitude and angle) of every pixel of the picture is computed. The final HOG descriptor size is the vector of all components of the normalized blocks in the detection window. For this implementation, the size of the detection window was  $64 \times 64$  pixels, and 1400 histograms or training vectors were generated.

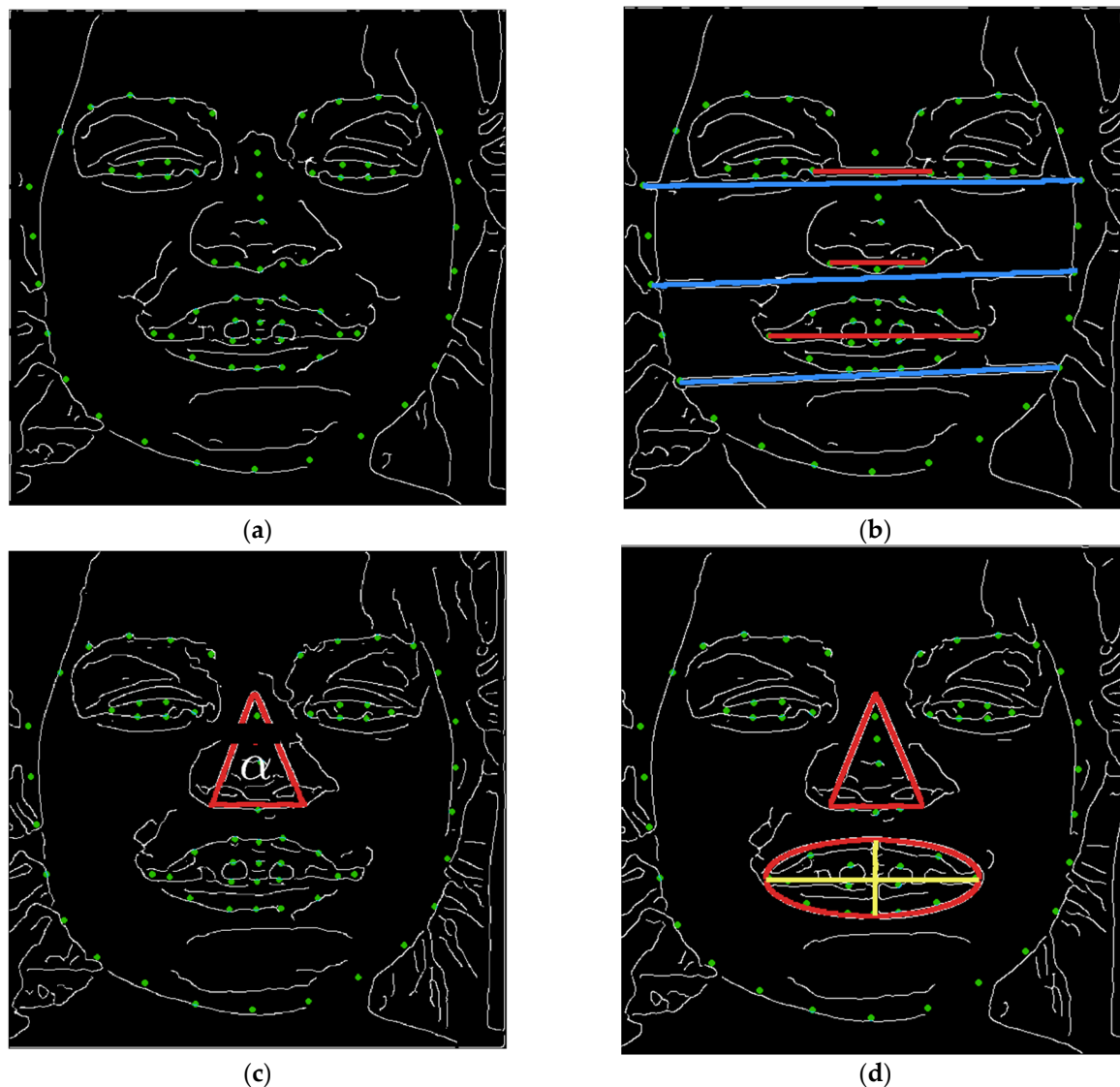
The combined vectors are the input of a linear kernel support vector machine (SVM) [39] classifier trained for face detection on public image datasets as described in previous works [37,38]. The classifiers returned the bounding box of the face.

(3) Face alignment and registration: In the face alignment step, the face is rotated, scaled, and translated considering the rigid and non-rigid face deformations. For this task, 5-point facial landmarks were used: 2 points for the corners of the left eye, 2 points for the corners of the right eye and 1 point for the tip of the nose. The horizontal and vertical ( $x$ ,  $y$ ) coordinates of the five points were detected with the pre-trained model based on the HOG descriptor and SVM classifier applied for face detection. First, the center of each eye (centroid) was calculated in accordance with the two corner points detected. Then, taking into account the differences in  $x$  and  $y$  coordinates of the centroids of both eyes and the arc-tangent function, the angle of rotation was calculated. Once the face is rotated, it is scaled back to the dimension of  $600 \times 600$  pixels.

(4) Landmark localization: The localization of landmarks follows the method of Kazemi [40], which is able to precisely localize 68 landmarks. The implementation of this method, available in *Dlib* library, uses a training data set that consists of labeled facial landmarks on face images and the probability of distance between pairs of pixels near the facial landmarks. An ensemble of regression trees is trained to estimate the facial landmark positions using only pixel intensities. The configuration of 68 landmarks distributed around the eyes, nose, mouth, and contour of the face was selected and is illustrated in Figure 2b. The landmarks overlaid on the original facial image are shown in Figure 3a.

(5) Geometrical feature extraction: Patients with PTHS present special facial features related to the geometry of the face. Therefore, geometric features, specifically of distance, area and angles, as defined by the relationship among the landmarks previously located, were explored to support diagnosis of PTHS. Three distance features,  $R1$ ,  $R2$ , and  $R3$ , were defined by the distances between the eyes (landmarks 39 and 40, in Figure 3b), width of the nose (landmarks 31 and 35) and width of the mouth (landmarks 48 and 54). These features were normalized by the respective baselines  $B1$ ,  $B2$ , and  $B3$  (the width of the face in three different locations) so that they are invariant to scale, rotation, and translation. For the first feature  $R1$ , the baseline  $B1$  is the distance between the temples, for  $R2$  the baseline  $B2$  is the distance between the cheekbones, and for  $R3$  the baseline  $B3$  is the width of the jaw (Figure 3b). One angle feature called *NoseAngle* was extracted to describe the width of the noses of individuals in terms of angular extension (noted as  $\alpha$  in Figure 3c). Starting from a triangle built using three landmarks of nose as apices, the Carnot's theorem was used to calculate the top angle of the triangle.

Two area features were derived using polygons or circles defined on facial landmarks. First, the ratio of nose area over face area ( $R_{Nose}$ ) and second, the ratio of mouth area over face area ( $R_{Mouth}$ ) as illustrated in Figure 3d.



**Figure 3.** Illustration of the methodology and a subset of geometrical features. (a) Region of interest with the localized facial landmarks. (b) Three distance features illustrated with red lines: R1 (distance between eyes), R2 (distance between edges of the nostrils), and R3 (distance between the corners of the mouth). Three baselines: B1 (temples), B2 (cheekbones), and B3 (jaw). (c) Triangular region corresponding to the nose and the angle  $\alpha$ . (d) Ellipsoidal region corresponding to the mouth.

The area of the face was calculated as the area of the ellipse constructed based on the two axes, where the minor axis is the face width (landmark 1 to 15), and major axis is the height of the face (landmark 8, the chin, and centroid between landmarks 19 and 24) (Figure 2b).

(6) Classification: The classification module is the last stage of the proposed system. In this phase, the feature vector of the previous steps is the input of a classifier in order to discriminate between syndromic and healthy facial images.

Three different classifiers were chosen: support vector machines (SVMs) [39], random forest (RF) [41], and k-nearest neighbor (k-NN) [42]. The classifiers' performance was evaluated using the K-fold cross validation strategy with  $K = 10$ . Since our dataset is unbalanced for the two populations (PTHS and healthy), in addition to the standard accuracy value (the proportion of correctly classified test samples), the weighted arithmetic mean of the F-score for both classes was chosen as the performance metric, which is the



harmonic mean of precision and recall, and it takes into account true negative values and not only positive classes.

### 2.3. Statistical Analysis

In order to perform the classification step, six geometrical facial features (R1, R2, R3, RNose, RMouth, and NoseAngle) were used as input to the classifier algorithm. Prior to training an automatic classifier, a statistical comparative analysis of the extracted features was performed.

Particularly, the relationship between the syndrome and the extracted geometrical features was investigated, computing the Pearson correlation coefficient  $r$  and the  $p$ -value (two-tailed) of geometrical features of the two groups.

Furthermore, since the classification is a two-class problem, where each individual can be classified either as PTHS or healthy, Student's  $t$ -test was used to evaluate whether the value of each feature for class PTHS is significantly different from the value of the same feature for the healthy class.

## 3. Results

An evaluation test of the proposed system was carried out on the collected database composed of 61 individuals (29 healthy and 32 PTHS patients). The evaluation aims at demonstrating the ability of the system to recognize facial features associated with PTHS and discriminate healthy and syndromic individuals with a high accuracy rate. The limited number of input files allowed a manual inspection of the data processing in the pipeline and a visual check of the performance in the image recognition steps. The system was able to run well in the first step of the proposed pipeline: acquisition and pre-processing. All images of the dataset were correctly acquired from a folder of the hard disk and they were pre-processed as expected. In the second step, the system also worked well. The face present in each picture of the database was detected and the bounding box correctly returned. Face alignment and registration is the third step of proposed pipeline. Furthermore, for this step, the system correctly executed the alignment of the face using the five landmarks approach based on the four corners of the eyes and on the nose tips. As the output of this step, all the face images detected were aligned, registered and finally scaled at  $600 \times 600$  pixels. In the next step of the proposed pipeline, landmarks localization was implemented.

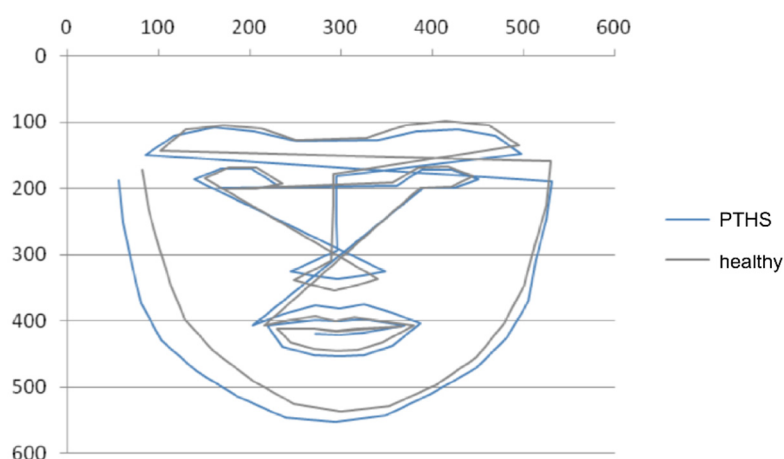
All the facial images were correctly described and contoured by landmarks. None of the face images of the collected dataset showed incorrectly localized landmarks. The main differences between PTHS patients and healthy controls were represented by the face features around the nose, the mouth and the face contours as is shown in Figure 4. The figure shows the mean face shape produced using the mean value of each facial landmark for both populations.

In order to perform the classification, six geometrical facial features (R1, R2, R3, RNose, RMouth, and NoseAngle) were used.

Support vector machines (SVMs), random forest (RF), and the k-nearest neighbor (k-NN) were applied on the dataset composed of 61 individuals, and evaluated by using 10-fold cross validation and computing weighted arithmetic average accuracy and F-score. The best classifier was k-NN, with an accuracy of 91.8% and an F-score of 0.918. SVM obtained an accuracy of 90% and an F-score of 0.9, and RF an accuracy of 87.19% and an F-score of 0.878.

Moreover, to prove the robustness of the proposed system, a comparison with human performance was performed. All 61 images of the dataset were shown to a pediatrician. The pediatrician assigned to each facial image a label: PTHS or not. The procedure determined the recognition rate of a human. The accuracy rate was 74% and F-score was 0.722. This result confirmed that in some cases, the facial dysmorphism is not quite evident and a computer-aided system would be useful for PTHS pre-diagnosis.





**Figure 4.** Mean face shape comparison between PTH syndrome and healthy individuals.

The k-NN classifier was validated on the dataset composed of 31 additional photographs (considered to be of acceptable quality), obtaining an accuracy of 94% and an F-score of 0.94.

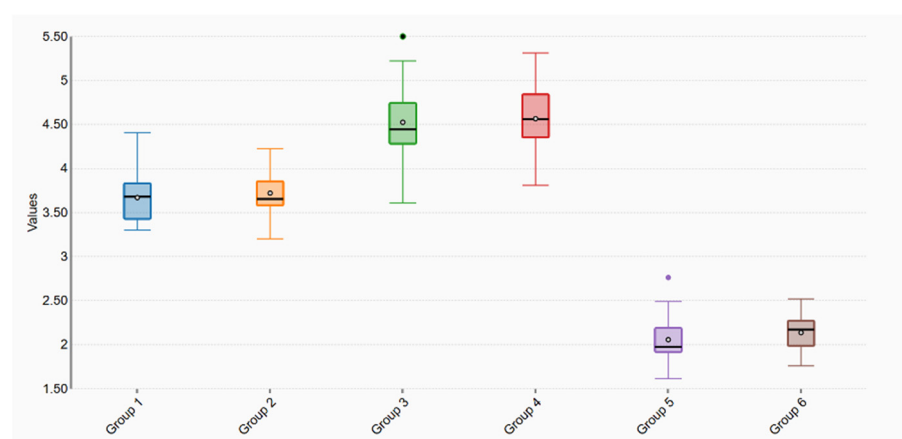
In order to perform an additional evaluation of the geometrical features used as classification input, a statistical analysis of the extracted features was performed. A comparison between the two populations for each feature is reported in the tables and figures. The values Min, Q1, Median, Q3 and Max in the tables represent the quartile bounds of the boxplots in the figures. In Table 1, a statistical analysis of the three distance features is summarized. In Figure 5, the set of 183 values relatives to the three distance features is illustrated. Regarding the angle feature, in Table 2, the statistical comparison between PTHS and the control group is reported, and in Figure 6, the comparison in the form of box plot graphs is illustrated. In Table 3, the statistical comparison of the area features for both groups is described, and in Figure 7 the comparative analysis is shown.

**Table 1.** Statistical comparison of distance features R1 (distances between the eyes), R2 (width of the nose), R3 (width of the mouth) for both groups (PTHS and controls).

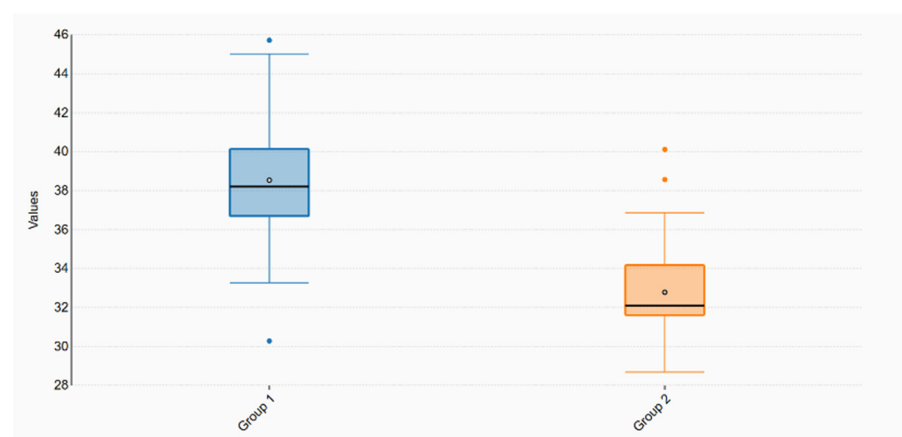
Feature	Population	N	Min	Q <sub>1</sub>	Median	Q <sub>3</sub>	Max	Mean	SD
R1 (Group 1)	PTHS	32	3	3.43	3.68	3.83	4.41	3.67	0.25
R1 (Group 2)	Control	29	3	3.58	3.66	3.85	4.23	3.72	0.26
R2 (Group 3)	PTHS	32	4	4.28	4.45	4.75	6.23	4.53	0.47
R2 (Group 4)	Control	29	4	4.35	4.56	4.84	5.31	4.57	0.36
R3 (Group 5)	PTHS	32	2	1.92	1.97	2.19	2.76	2.06	0.26
R3 (Group 6)	Control	29	2	1.99	2.17	2.27	2.52	2.14	0.21

**Table 2.** Statistical comparison of angle features of the nose for both groups (PTHS and control).

Feature	Population	N	Min	Q <sub>1</sub>	Median	Q <sub>3</sub>	Max	Mean	SD
NoseAngle (Group 1)	PTHS	32	30	36.69	38.20	40.13	45.72	38.54	3.33
NoseAngle (Group 2)	Control	29	29	31.61	32.08	34.17	40.12	32.78	2.63



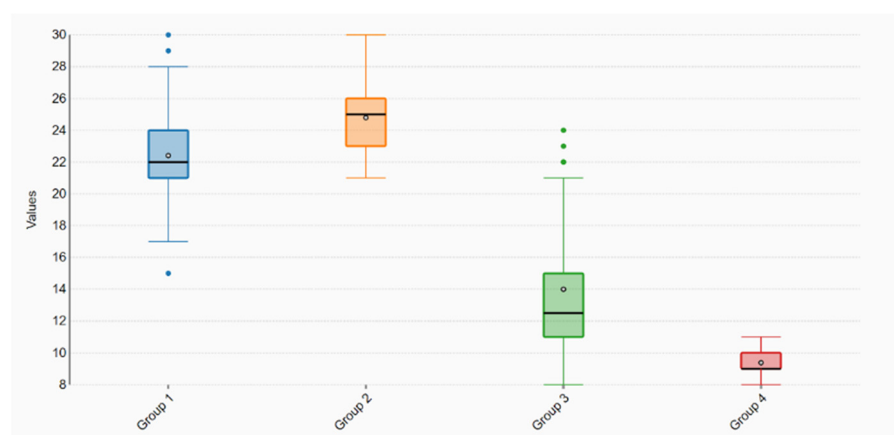
**Figure 5.** Box plots of distance features for both groups (PTHS and control). R1-PTHS = Group 1; R1-Control = Group 2; R2-PTHS = Group 3; R2-Control = Group 4; R3-PTHS = Group 5; R3-Control = Group 6.



**Figure 6.** Box plots of angle features for both groups (PTHS and control). NoseAngle-PTHS = Group 1; NoseAngle-Control = Group 2.

**Table 3.** Statistical comparison of area features (the ratio of nose area over face area (RNose) and second, the ratio of mouth area over face area (RMouth)) for both groups (PTHS and control).

Feature	Population	N	Min	Q1	Median	Q3	Max	Mean	SD
RNose (Group 1)	PTHS	32	15	21	22	24	30	22.41	3.35
RNose (Group 2)	Control	29	21	23	25	26	30	24.79	2.13
RMouth (Group 3)	PTHS	32	8	11	12.5	15	24	14	4.47
RMouth (Group 4)	Control	29	8	9	9	10	11	9.38	0.78



**Figure 7.** Box plots of area features for both groups (PTHS and control). RNose-PTHS = Group 1; RNose-Control = Group 2; RMouth-PTHS = Group 3; RMouth-Control = Group 4.

Following the statistical comparative analysis on the geometrical features, the relationships between the syndrome and the extracted geometrical features were investigated. The Pearson correlation coefficient matrix of the features is reported in Table 4.

**Table 4.** Pearson correlation coefficient matrix of the geometrical features.

	R1	R2	R3	NoseAngle	RNose	RMouth	C
R1	1.000000	0.631856	0.565448	−0.123501	0.448690	0.234808	−0.099263
R2	0.631856	1.000000	0.767697	−0.184765	0.758548	0.277656	−0.048716
R3	0.565448	0.767697	1.000000	−0.131357	0.639932	0.438070	−0.171853
RNose	−0.123501	−0.184765	−0.131357	1.000000	0.329132	−0.601934	0.708482
RMouth	0.448690	0.758548	0.639932	0.329132	1.000000	−0.150740	0.234934
NoseAngle	0.234808	0.277656	0.438070	−0.601934	−0.150740	1.000000	−0.675969
C	−0.099263	−0.048716	−0.171853	0.708482	0.234934	−0.675969	1.000000

The class to predict PTHS is C.

Pearson correlation coefficients  $r$  and the  $p$ -value (two-tailed) of geometrical features of the two groups for non-correlation testing were computed, and the details are reported in Table 5. Student's  $t$ -test and the  $p$ -value were used to evaluate the significance levels of each feature in the classification of PTHS individuals.

**Table 5.** Pearson correlation coefficient matrix of the geometrical features between the two groups and Student's  $t$ -test of each feature in classification of PTHS individuals.

Feature	Pearson ( $r$ )	$t$ -Test	$p$ -Value	FDR	Significance
R1	0.09926	−0.76624	0.44659	0.53591	
R2	0.04872	−0.37464	0.70927	0.70927	
R3	−0.17185	−1.33997	0.18540	0.27809	
RNose	0.23493	−1.85653	0.03419	0.06837	
RMouth	−0.57054	−7.08696	<0.00001	<0.0001	***
NoseAngle	0.70848	7.44448	<0.00001	<0.0001	***

Significance levels: \*\*\* for  $p < 0.001$ .

The results reported suggest that moderate correlations ( $0.3 < r < 0.7$ ) are present among almost all the features, and a strong correlation ( $r > 0.7$ ) is observed between R3 and RNose. Moreover, RMouth and NoseAngle are the most statistically significant features in the discrimination between the two experimental groups.

#### 4. Discussion

Recent studies show that facial analysis technologies improve the capabilities of expert clinicians in syndrome identification [11]. This work presents a novel facial analysis system for the diagnosis of PTHS. The ability to clinically diagnose PTHS is quite limited as evidenced by the numerous patients described in the literature diagnosed with a different clinical syndrome.

The system proposed in this work exploits machine learning and computer vision technologies and learns facial representation from a dataset of faces. Previous studies have analyzed dysmorphic facial features of genetic syndromes [15], but only one ever focused on PTHS facial images using a dataset of five subjects [11]. Thus, it was not possible to achieve relevant results based on this study only. This is the first work which used a large dataset of children with molecular diagnosis of PTHS thanks to the collaboration with the Institute of Genomic Medicine, Gemelli Hospital Foundation, Rome, Italy. In this work, an automatic system for recognition of PTHS from facial images is proposed. The work focused on several items: picture acquisition and pre-processing, face detection, face registration and alignment, landmarks localization, features extraction, features selection, and classification. These methods were implemented and tested on a real and remarkable dataset of face images containing 61 subjects (32 PTHS patients and 29 healthy controls).

In this work, a model which focuses on the problem of identifying the correct facial phenotype related to PTHS is presented. Methods such as HOG feature descriptors and cascade of regressors and their improvements were applied to face detection and alignment. Face detection and face alignment tasks were performed by the system with excellent results. All faces in the dataset were correctly detected and aligned.

The landmark localization accuracy was dependent on image quality and pose variations. Non-frontal images can cause weak performance in the landmarks localization task. However, the method used and described in previous section works well for this task. The method was able to correctly localize facial landmark in PTHS and healthy controls. Starting from facial landmarks, features extraction and features selection tasks were based on geometric features. The geometric features are associated with specific dysmorphisms of the PTHS, such as the size of nose, and the size of the mouth. Geometrical features extracted in this work are suitable to depict the facial features of PTHS and healthy individuals, as indicated by the excellent accuracy rate reached in the last step of the system, the classification task. This is the first study to the author's knowledge to investigate the efficiency of a system based on computer vision and machine learning algorithms in order to recognize PTHS subjects from face images. The k-nearest neighbor classifier reached the accuracy of 91.8% and an F-score of 0.918 on the dataset of 61 images. On the same dataset, a pediatrician obtained an accuracy of 74% and F-score of 0.722. The k-NN classifier was also validated with 31 additional photographs, obtaining an accuracy of 94% and an F-score of 0.94. The previous data on a small dataset of five patients reached an accuracy of 80% [11]. A statistical independent evaluation of each geometric feature revealed that RMouth and NoseAngle are the features most significantly correlated with PTHS phenotype.

This work demonstrated the possibility to describe phenotypes in a standardized manner, opening the door to the emerging field of precision medicine, as well as to the identification of new genetic syndromes by matching undiagnosed patients sharing a similar phenotype. Patient matching with such artificial intelligence technology will enhance the way that genetic syndromes and other genetically caused diseases are studied and explored.

#### 5. Conclusions

A system for automated PTHS syndrome detection using frontal facial images of children is proposed in this work. Face detection was performed by a HOG object detector, whereas landmarks localization was based on a state-of-the-art method that used an

ensemble of regression trees trained to estimate the facial landmark positions using pixel intensities.

Based on the detected facial landmarks, six geometric features were extracted and selected to discriminate PTHS and healthy individuals. Three classifiers were compared to reach high recognition rates between the two populations. The highest accuracy and F-score were achieved using the k-NN classifier.

On the basis of the results achieved, it can be stated that the system could also be able to identify PTHS in real environments and using face images taken in the wild. The proposed system could be a useful aid in early diagnosis of PTHS syndrome from a simple app for smartphones in an accurate and quick way. As a future development, it could be tested on images of patients with other dysmorphic syndromes, especially those requiring differentiation from PTHS.

In conclusion, it is possible that the coupling of the phenotype analysis, done by computer vision algorithms, with the continuously growing genomic knowledge, will open new ways to rapidly reach an accurate molecular diagnosis for patients with genetic syndromes, and may become a key-factor in the field of precision medicine.

In future studies, it could be possible to combine the facial analysis described here with genome sequencing data. This will enable improved prioritization of gene-variant results.

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